

CHANGE the SCRIPT

PREVENTION Stop opioid misuse before it starts

- 1. Safe storage and disposal matters.**
Keep all OTC and prescription medication in one location. Use a combination safe, locked cabinet, or locked drawer—not the bathroom medicine cabinet.
- 2. Naloxone saves lives.** Also known as Narcan, this easy-to-administer drug stops opioid overdoses – and is available at many pharmacies.
- 3. Have a dialogue with a doctor.** Ask about drug interactions with opioids, and alternate approaches to pain management.

Go to drugfreet.org

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TREATMENT

Take the step

- 1. There are effective approaches.**
New medications and a “whole patient” perspective combine to offer treatment options that work.
- 2. “Pain” isn’t just physical.** It can be emotional, or indicative of a mental health issue. Many people who misuse opioids suffer from depression or other mental health issues.
- 3. Talk treatment with a doctor.**
Ask about Medication-assisted Treatment, extended-release medications, and tapering plans.

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RECOVERY

Believe in it

- 1. Recovery from opioid misuse and addiction is possible.** The combination of medication, counseling, and peer-based recovery support has been shown to work.
- 2. Don't go it alone.** Successful recovery often depends on a support system of trusted friends and family in addition to healthcare, treatment, and recovery professionals.
- 3. Use the tools of recovery.** Learn how to access the resources needed to make a strong and lasting recovery.

Go to **drugfree.org**

GET THE RIGHT RESOURCES

- Prevention & Wellness
- Treatment & Recovery
- Storage & Disposal
- Naloxone sources

Go to **drugfreect.org**



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This publication is funded in whole by grants from the United States Department of Health and Human Services (HHS) through the CT Departments of Public Health (DPH) and Mental Health and Addiction Services (DMHAS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention, the Substance Abuse and Mental Health Services Administration, or HHS.