

Resources on Social Media

This document identifies books, ebooks, curricula and DVDs, as well as pamphlets and fact sheets available at Connecticut Clearinghouse about social media.

These resources may be helpful for counseling professionals, educators, parents, social workers, and students.

Visit Connecticut Clearinghouse at: 334 Farmington Avenue (Route 10)
Plainville, CT 06062

For those who are unable to visit, materials can be mailed.

Resources may be found using the Library Catalog: https://conn.ent.sirsi.net/

A complete list of pamphlets, as well as an online order form, may be found here: www.ctclearinghouse.org/pamphlet-poster-directory/

For access to eBooks & streaming media, contact Connecticut Clearinghouse: info@ctclearinghouse.org

Membership is free! Join today: www.ctclearinghouse.org/membership-form/

Contact Connecticut Clearinghouse with any questions on how to access the resources listed:

Call 860.793.9791 or 800.232.4424
Visit us online at www.ctclearinghouse.org

Books, eBooks & Curricula

The 3 Ms of Fearless Digital Parenting: Proven Tools to Help You Raise Smart and Savvy Online Kids / Carrie Rogers-Whitehead

The Craving Mind: From Cigarettes to Smartphones to Love – Why We Get Hooked and How We Can Break Bad Habits / Judson Brewer

Cyberbullying: Bullying in the Digital Age / Robin M. Kowalski

Cyberbullying: Perpetrators, Bystanders & Victims / Josh Gunderson

Empowerment and Identity on Social Media: A 10-Week Facilitator Activity Guide / Vicki Pitstick

Rewired: Protecting Your Brain in the Digital Age / Carl D. Marci

Sex in the Digital Age: A Guide to Talking with Teens About Pornography and Sexting / Giovanna Taormina

The Social Media Workbook for Teens: Skills to Help You Balance Screen Time, Manage Stress, and Take Charge of Your Life / Goali Saedi Bocci

Stolen Focus: Why You Can't Pay Attention - and How to Think Deeply Again / Johann Hari

Technological Addictions / Petros Levounis

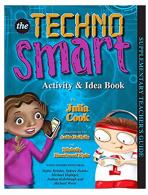
The Techno Smart Activity and Idea Book / Julia Cook

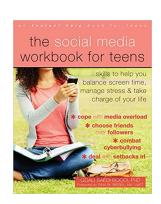
The Teen Interpreter: A Guide to the Challenges and Joys of Raising Adolescents / T. E. Apter

DVDs & Streaming

Constantly Connected: Managing Social Media Addiction
This program examines the world of Facebook, Instagram, and other social media sites to help kids understand why it's so easy to get addicted to all-day, all-night social media and online gaming. This







behavior causes anxiety, sleep disorders, depression, the loss of real time friendships and activities, and interferes with school. Video models skills to better balance kids' social media time. If kids can't kick the habit themselves, the program tells them how to get help.

Digital Smarts: Behaving Ethically Online

Cyber ethics and respect for others online are critical skills to acquire for today's connected teens. The message of this teen-centered video is that all students have a responsibility to behave ethically online and to know how to react when others behave in inappropriate ways. Teen hosts discuss the ethics of issues such as distributing unflattering pictures or posts aimed at harming someone's reputation and the importance of respecting the privacy of others.

Gossip, Drama and Social Media Series

Internationally renowned youth speaker Anthony McLean sits down with high school students to lead them in discussion about the issues they face in their relationships with friends and schoolmates every day.

Social Media at Work

While online resources serve many useful business purposes, they need to be used wisely and appropriately. If used carelessly, they can open the door to hackers, facilitate the spread of rumors or abusive comments, create public relations

nightmares, and be a real drag on productivity. This video will help raise awareness of these risks and make an impression on employees: 'Do your own stuff on your own time and THINK before you post'.

Pamphlets and Fact Sheets

11 Tips for Your Child's Online Safety (pamphlet)

<u>Buying Drugs Online: What Parents Need to Know</u> (fact sheet)

Cyberbullying (pamphlet)

Cyberbullying: Help Make Cyberspace Safe (pamphlet)

Cyberbullying: Revealing the Invisible Enemy (pamphlet)



Heads Up: Stop Think Connect (pamphlet)

Internet Safety for Young People (pamphlet)

Intimidación Cibernetica: Proteja a Su Hijo(a) (pamphlet)

Net Cetera: Chatting with Kids About Being Online (pamphlet)

Net Cetera: Como Charlar Con Sus Hijos Sobre Su Comportimiento

En Linea (pamphlet)

¡Presta Atención! Para Piensa Conéctate

Sexting: Srsly Risky!

Sexting: Think Before You Send

Social Media Safety: 10 Tips for Parents

Social Networking: 10 Things Teens Should Know

Tech Confidential: What to Know Before You Hit Send

Teens & Cyberbullying: It's a Big Deal

Teens & Cyber Safety: Online or Texting!

